



Idaho Association for the  
Education of Young Children

# MUD PAINTING

Explore mud, textures, colors, and create some art!

## MATERIALS



dirt



cups



old paint brushes



water



thick paper



wipeable/washable surface

## COLLECT & CREATE THE MUD

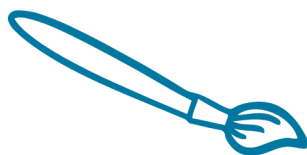
Gather sand and dirt from different locations. Try to find a variety of different textures and colors of dirt. Place 1/3 cup of dirt in a small cup add about 1 tablespoon of water and stir it with a stick or spoon. Repeat with as many dirt types you collected. Pudding consistency is great! You can add food coloring if you only have one type/color of dirt.

## SET UP THE PAINTING STATION

Set up the cups of mud paint and brushes (ones you don't mind ruining) on a sidewalk, driveway, tarp, or a wipeable surface. Set out thick paper (card stock or water color paper)

## START PAINTING

Make that beautiful art!



### sources:

<https://innovationkidslab.com/mud-painting/>

<https://theresjustonemommy.com/mud-painting-messy-art/>

<https://tinkergarten.com/activities/make-paint>